Humor in the Workplace Worksheet

A worksheet for helping you find a way to add humor to your event, activity or email.

1. What is the activity that you would like to add humor to?
   Examples: Presentation, Team Offsite, Monday Morning

2. What type of opportunity is the activity? (Circle One)
   Communication  Relationship  Meeting
   Work  Strategic Disengagement

3. Pick a humor idea from the 101 Ways to Create Humor list, or brainstorm one of your own.

4. Apply the Humor Checklist:
   a. Does it fit your medium?  
   b. Does it fit your audience?  
   c. Does it fit your purpose?  
   d. Does it pass the NY Times rule?  
   e. If there is a target, is it appropriate?  
   f. Does it make you smile?  

5. If yes to all of the above, Humor Away!

BONUS: Follow-up after the activity and see how well the humor worked.

   What went well?  

   What would you do differently next time?  

From http://www.humorthatworks.com/